



L'ANSE AREA SCHOOLS  
 JANUARY 2022  
 K-12TH LUNCH MENU



Peanut butter & jelly sandwiches on whole grain bread are available daily as an alternate.  
 Low fat milk or 1% white offered daily; condiments offered as appropriate.  
 (6th -12th grade is offered alternate or salad daily) (\* is offered to 9th-12th grade only)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3 CHICKEN NUGGETS, COLESLAW, FRUIT, MILK &amp; CORN MUFFIN</b>  (MEATBALL SUB)	<b>4 QUESADILLAS, BLACK BEAN SALSA, CARROTS, FRUIT &amp; MILK</b>  (BEEF & CHEESE BURRITO)	<b>5 MEATBALLS &amp; GRAVY, MASHED POTATOES, SLICED CARROTS, FRUIT &amp; MILK</b>  (NACHOS & CHEESE)	<b>6 HAMBURGER ON WG BUN, BAKED BEANS, VEGGIE, FRUIT &amp; MILK</b>  (SPICY CK. PATTY)	<b>7 PEPPERONI PIZZA, MIXED PEPPERS, FRUIT &amp; MILK</b>  (BONELESS WINGS)
<b>10 PANCAKES, SAUSAGE, HASHBROWNS, SLUSHIE, &amp; MILK</b>	<b>11 RAVIOLI GREEN BEANS, DINNER ROLL, FRUIT &amp; MILK</b>  (TURKEY SUB)	<b>12 GRILLED CHEESE ON WG BREAD, CARROTS, FRUIT &amp; MILK</b>  (PEPPERONI HOT POCKET)	<b>13 CHICKEN TENDERS, COLESLAW, CORN MUFFIN, FRUIT &amp; MILK</b>  (BAKED POTATO)	<b>14 CHEEZY BREADSTICK PIZZA W/MARINARA SAUCE, FRESH VEGGIES, FRUIT &amp; MILK</b>  (MINI CHEESEBURGERS)
<b>17 CHILI w/meat &amp; beans, CHEDDAR GOLDFISH CRACKERS, GREEN PEPPERS, FRUIT &amp; MILK</b> (CHEESE BREADSTICKS)	<b>18 CHICKEN PATTY ON WG BUN, CALIF. BLEND VEG. BAKED BEANS, FRUIT &amp; MILK</b> (PIZZA BURGER)	<b>19—EXAM DAY—DISMISSAL 11:55</b> <b>K-5—CHEESE PIZZA, VEG, FRUIT &amp; MILK</b> <b>6-12 GRAB N' GO BAG</b>	<b>20—EXAM DAY—DISMISSAL 1:20</b> <b>QUESADILLAS, BLACK BEAN SALSA, CARROTS, FRUIT &amp; MILK</b>	<b>21—EXAM DAY—DISMISSAL 11:55</b> <b>K-5—CORN DOG, VEGGIES, FRUIT &amp; MILK</b> <b>6-12 GRAB N' GO BAG</b>
<b>24 SPAGHETTI SAUCE ON WG NOODLES, GREEN BEANS, GARLIC TOAST, FRUIT &amp; MILK</b> (BONELESS WINGS)	<b>25 HOT DOG ON WG BUN, BAKED BEANS, CARROTS, FRUIT &amp; MILK</b>  (BRAT)	<b>26 TACOS ON ULTRAGRAIN TORTILLA, CORN, FRUIT &amp; MILK</b>  (HAM & CH. HOT POCKET)	<b>27 GRILLED CHEESE ON WG BREAD, CARROTS, FRUIT &amp; MILK</b>  (PEPPERONI HOT POCKET)	<b>28 PEPPERONI PIZZA, FRESH VEGGIES, FRUIT &amp; MILK</b>  (CHICKEN TENDERS)
<b>31 CHICKEN NUGGETS, COLESLAW, FRUIT &amp; MILK, CORN MUFFIN</b>  (MEATBALL SUB)	<b>1 DELUXE NACHOS, w/meat, refried beans, cheese, romaine, chips, CARROTS, FRUIT &amp; MILK</b> (CORN DOG)	<b>2 CHICKEN DRUMSTICK, MASHED POTATOES, GRAVY, CORN, FRUIT &amp; MILK, DINNER ROLL</b> (PEPPERONI HOT POCKET)	<b>3 CORN DOG BAKED BEANS, VEGGIES, FRUIT &amp; MILK</b>  (PIZZA SUB)	<b>4 PIZZA, FRESH VEGGIES, FRUIT &amp; MILK</b>  (BONELESS WINGS)

