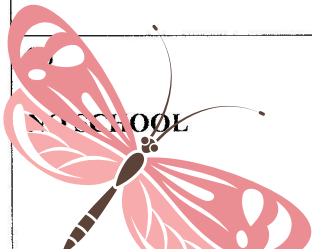


L'ANSF AREA SCHOOLS

MAY

K-12 LUNCH MENU

Peanut butter & jelly sandwiches on whole grain bread are available daily as an alternate.
 Low fat milk or 1% white offered daily; condiments offered as appropriate.
 (6th -12th grade is offered alternate or salad daily) (* is offered to 9th-12th grade only)

Monday	Tuesday	Wednesday	Thursday	Friday
28 CHICKEN NUGGETS, COLESLAW, FRESH VEGGIE, FRUIT , MILK, CORN BREAD (MOZZ. CHEESE STICKS)	29 CORN DOG, BAKED BEANS, CARROTS, FRUIT & MILK (BBQ PORK & BAKED POT.)	30 TERIYAKI DIPPERS, BROWN RICE, STEAMED VEG., FRUIT & MILK (CHERRY BLOSSOM CK.)	1 RAVIOLI, GREEN BEANS, DINNER ROLL, FRUIT & MILK (HOT HAM/CH. ON KAISER)	2 CHEEZY BREADSTICK PIZZA w/MARINARA SAUCE, FRESH VEGGIES, FRUIT & MILK (EGG ROLLS)
5 SPAGHETTI SAUCE w/ MEAT ON WG NOODLES, GREEN BEANS, FRUIT & MILK, GARLIC TOAST (BONELESS WINGS)	6 QUESADILLAS, BLACK BEAN SALSA, CAR- ROTS, FRUIT & MILK (HOT HAM/CH. ON KAISER)	7 GRILLED CHEESE ON WG BREAD, TOMATO SOUP, CRACKERS, CARROTS, FRUIT & MILK (CK. CRISPITOS)	8 PANCAKES, SAUSAGE, HASHBROWNS, FROZEN STRAWBERRY CUPS (EGG MUFFIN)	9 PEPPERONI PIZZA (ROUND), TOSSED SALAD, w/ SPINACH, FRUIT & MILK (PIZZA SUB)
12 CHILI w/meat & beans, CHEDDAR GOLDFISH CRACKERS, PEPPERS, FRUIT & MILK (CHEESE BREADSTICKS)	13 HOT DOG ON WG BUN BAKED BEANS, FRESH VEG- GIE, FRUIT & MILK (BRAT)	14 CHICKEN DRUMSTICK, MASHED POTATOES & GRA- VY, CORN, FRUIT & MILK DINNER ROLL (MINI CHEESEBURGERS)	15 CHICKEN TENDERS, SUNFLOWER CRUNCH SAL- AD, FRESH VEGGIE, FRUIT & MILK (MEATBALL SUB)	16 GARLIC CHEESE FRENCH BREAD PIZZA, FRESH VEGGIES, FRUIT & MILK (PRETZELS & CHEESE)
19 CHICKEN PATTY ON WG BUN, BAKED BEANS, CALIF. BLEND VEG., FRUIT & MILK (PIZZA BURGER)	20 CORN DOG, FRESH VEGGIES, FRUIT & MILK (BBQ PORK & BAKED POT)	21 TURKEY WRAPS (tortilla, turkey, cheese & lettuce) FRESH VEGGIES, FRUIT & MILK (ITALIAN CH. PULLAPARTS)	22 HAMBURGER ON WG BUN, BAKED BEANS, VEG. FRUIT & MILK (SPICY CK. PATTY)	23 FRENCH BREAD PEPPER- ONI PIZZA, FRESH VEGGIES, FRUIT & MILK (TURKEY SUB)
	27 CHICKEN NUGGETS, COLESLAW, FRESH VEG., FRUIT, MILK, & CORN BREAD (LASAGNA ROLL UPS)	28 TACOS ON ULTRAGRAIN TORTILLA, ROMAINE, CHEESE, CORN, FRUIT & MILK (NACHO CHEESE & CHIPS)	29 ITALIAN CHEESE PULL APARTS w/MARINARA SAUCE, FRESH VEGGIES, FRUIT & MILK (PIZZA SUB)	30 CHEESE PIZZA (ROUND), FRESH VEGGIES, FRUIT & MILK (CHICKEN ALFREDO)