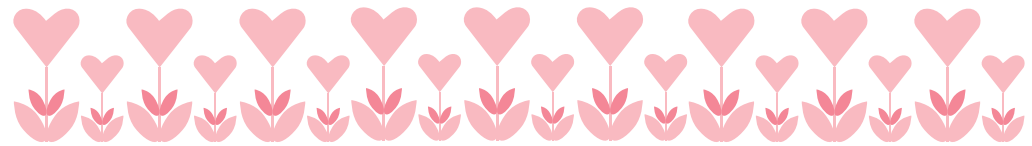


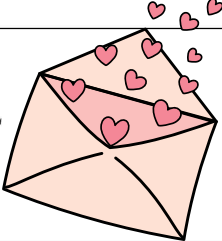
L'ANSE AREA SCHOOLS

FEBRUARY

K-12 LUNCH MENU



Peanut butter & jelly sandwiches on whole grain bread are available daily as an alternate.
 Low fat milk or 1% white offered daily; condiments offered as appropriate.
 (6th -12th grade is offered alternate or salad daily) (* is offered to 9th-12th grade only)

Monday	Tuesday	Wednesday	Thursday	Friday
3 CHICKEN NUGGETS, COLESLAW, FRESH VEGGIE, FRUIT, MILK, CORN MUFFIN (MEATBALL SUB)	4 QUESADILLAS, BLACK BEAN SALSA, CARROTS, FRUIT & MILK (HOT HAM/CH. ON KAISER)	5 GRILLED CHEESE SAND. ON WG BREAD, TOMATO SOUP, CARROTS, CRACKERS FRUIT & MILK (PEPPERONI HOT POCKET)	6 PANCAKES, SAUSAGE, HASHBROWNS, FROZEN FRUIT CUP (EGG/CH/SAUSAGE MUFFIN)	7 CHEESE GARLIC FRENCH BREAD PIZZA, FRESH VEGGIES, FRUIT & MILK (PIZZA SUB)
10 CHILI w/meat & beans, CHEDDAR GOLDFISH CRACKERS, GREEN PEPPERS, FRUIT & MILK (CHEESE BREADSTICKS)	11 HAMBURGERS ON WG BUN, BAKED BEANS, FRESH VEGGIE, FRUIT & MILK (SPICY CHICKEN PATTY)	12 SPAGHETTI SAUCE w/ meat ON WG NOODLES, GREEN BEANS, GARLIC TOAST, FRUIT & MILK (BONELESS WINGS)	13 CHICKEN TENDERS, TOSSED SALAD w/SPINACH, FRUIT, MILK & CORN MUFFIN ((TURKEY SUB)	14 NO SCHOOL 
17 NO SCHOOL	18 CHICKEN PATTY ON WG BUN, BAKED BEANS, CALIF. BLEND VEG., FRUIT & MILK (PIZZA BURGER)	19 MEATBALLS & GRAVY, MASHED POTATOES, SLICED CARROTS, FRUIT & MILK, DINNER ROLL (NACHO CHEESE & CHIPS)	20 1/2 DAY- 11:55 DISMISSAL HOT DOG ON WG BUN, FRESH VEGGIES, FRUIT & MILK	21 PEPPERONI PIZZA (ROUND), FRESH VEGGIES, FRUIT & MILK (CHICKEN CRISPITOS)
24 SLOPPY JOES ON WG BUN, BAKED BEANS, FRESH VEGGIE, FRUIT & MILK (PRETZELS & CHEESE)	25 TERIYAKI DIPPERS, BROWN RICE, STEAMED VEG., FRUIT & MILK (CHERRY BLOSSOM CK.)	26 CORN DOG, BAKED BEANS, FRESH VEGGIE, FRUIT & MILK (BBQ PULLED PORK w/ BAKED POTATO)	27 QUESADILLAS, BLACK BEAN SALSA, CARROTS, FRUIT & MILK (COLD HAM/CH. SANDWICH)	28 CHEEZY BREADSTICK PIZZA w/MARINARA SAUCE FRESH VEGGIES, FRUIT & MILK (MINI CHEESEBURGERS)
3 CHICKEN NUGGETS, COLESLAW, FRESH VEGGIE, FRUIT & MILK (CHICKEN ALFREDO)	4 DELUXE NACHOS w/meat, fiesta beans, romaine, cheese & chips, CARROTS, FRUIT & MILK (CORN DOG)	5 CHICKEN DRUMSTICKS, MASHED POTATOES, GRAVY, CORN, DINNER ROLL, FRUIT & MILK (HOT TURKEY SANDWICH)	6 PANCAKES, SAUSAGE, HASHBROWN, FROZEN FRUIT CUP (EGG/CH/SAUSAGE MUFFIN)	7 PEPPERONI PIZZA (FLAT) FRESH VEGGIES, FRUIT & MILK (MOZZ. CHEESE STICKS)