

**Wellness Policy
Annual Progress Report
2017-2018**

The following are changes to the NEOLA policy 8510 Wellness, approved by the L'Anse Board of Education at the 03/21/2018 meeting.

1) Goals section:

E. With regard to Food and Beverage Marketing, the district shall:

- a. Promote healthy food and beverage choices for all by posting visible consistent nutrition education materials throughout the district
- b. Post classroom celebration and special events suggested snack list on the District website.
- c. Require that any foods and beverages marketed or promoted to students on the school campus during the school day will meet the USDA Smart Snacks in Schools nutrition standards.
- d. Consider these marketing guidelines when reviewing existing contracts and considering new contracts, equipment and/or product purchasing and replacement.

2) Furthermore, with the objectives of enhancing student health and well-being, and reducing childhood obesity, the following guidelines are established:

C. The sale of foods and beverages that do not meet the USDA Dietary Guidelines for Americans and the USDA Smart Snacks in School nutrition standards to students to be consumed on the school campus during the school day are prohibited unless they comply with Policy 5830 Student Fundraising.

J. Establish recommended standards for all foods and beverages provided, but not sold, to students during the school day (e.g, classroom parties, classroom snacks provided by parents, or other foods used as incentives).

3) General additions:

The District will update or modify the wellness policy as appropriate based on the results of the Healthy Schools Assessment Tool (HSAT) and Triennial Assessments; as the District priorities change; community needs change; wellness goals are met; new health science, information and technology emerges and new federal or state guidance or standards are issued. The wellness policy will be updated at least every three years, following the Triennial Assessment. The Triennial assessment will determine: building level compliance with the wellness policy, how the wellness policy compares to the model wellness policies and progress made to attaining the goals of the wellness policy.

The District Superintendent will be responsible for facilitating the triennial assessment of the wellness policy, with the assistance from the Food Service Director, and select members of the wellness committee.

The District will provide information on how the public can participate in the wellness committee and assist with the development, implementation, and periodic review and update of the wellness policy. All communication will be culturally and linguistically appropriate and will be available via the district webpage.

The District will retain records to document the compliance with the wellness policy requirements. Documentation maintained will include: a copy of the web address of the current wellness policy, documentation of how the policy and assessments are made available to the public, the most recent assessment of the implementation of the policy, and documentation of efforts to review and update the policy, including who was involved in the process, their relationship to the District and how stakeholders were made aware of their ability to participate.

The district will notice on the school website that the wellness policy can be found at <http://www.neola.com/lansearea-mi/> in the 8000 Operations policy section: Policy 8510

Required documentation will be at the L'Anse Area Schools, Superintendent's Office, 201 North Fourth Street, L'Anse, MI 49946.

Committee District Goals

<p>1. Nutritional Information</p>	<p>1a. Increase visible educational materials throughout the district.</p> <p>1b. Post classroom celebration and special events snack list on website in conjunction with classroom lists sent home by individual teachers</p>	<p>Met In progress</p>	<p>1a.1. Every grade level elementary classroom received posters for display. 1a.2. Jr/Sr High received posters for display in the general common hallways.</p> <p>1b. MSU list posted.</p>
<p>2. Health Education</p>	<p>2a. Add health education to Middle school level.</p> <p>2b. Continue 9th grade high school level required course.</p> <p>2c. Sequential nutrition lessons in all elementary levels.</p>	<p>In progress Met Met</p>	<p>2a. Seek to have teacher with certification on staff.</p> <p>2b. Current certified teacher on staff for high school level.</p> <p>2c. MSU provided evidenced based nutrition program for K-5.</p>
<p>3. Wellness Events</p>	<p>Work with local organizations and businesses to promote health and wellness more comprehensively to students and their families.</p>	<p>Met</p>	<p>3a. Ladies Night Out - BCMH and Junior class, yearly 3b. Baraga County Winter Happenings sponsored by Baraga County Chamber 3c. Snowshoe Hike and Family Fun Day. 3d. MGH Blood Drives with HOSA. 4d. Jump Rope for Heart, yearly in Feb. 4e. Aces Walk, yearly in May 4f. Suicide Prevention Walk, student/staff participation 4g. Relay for Life July 2017-student/staff participation 4h. "Paint the Field Blue" football game, Baraga County Suicide Prevention Coalition. 4j Wellness Ski trips to Ski Brule 2018 4k "Do it For Daniel" Depression/Suicide Awareness presentation.</p>

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To become involved contact the superintendent's office at 524-6000 ext 113