

**Wellness Policy
2016- 2017
Annual Progress Report**

Goals

1. Nutritional Information	1a. Increase visible educational materials throughout the district.	Met In progress	1a.1. Every grade level elementary classroom received posters for display. 1a.2. Jr/Sr High received posters for display in the general common hallways.
2. Health Education	1b. Post classroom celebration and special events snack list on website in conjunction with classroom lists sent home by individual teachers 2a. Add health education to Middle school level. 2b. Continue 9th grade high school level required course. 2c. Continuous nutrition lessons in all elementary levels.	In progress Met Met	1b. MSU list posted. 2a. Seek to have teacher with certification on staff. 2b. Current certified teacher on staff for high school level. 2c. MSU provided evidenced based nutrition program for K-5.
3. Wellness Events	Provide wellness events in conjunction with community members	Met	3a. Ladies Night Out - BCMH and Junior class Nov 11, 2016 3b. Baraga County Winter Happenings 2016 sponsored by Baraga County Chamber 3c Snowshoe Hike and Family Fun Day Feb 4, 2017. 3d. MGH Blood Drive with HOSA. March 7, 2017 4d. Jump Rope for Heart Feb 2017 4e. Aces Walk May 10, 2017 4f. Suicide Prevention Walk, Oct 2016- student/staff participation 4g. Relay for Life July 2017-student/staff participation 4h. "Paint the Field Blue" football game, Baraga County Suicide Prevention Coalition.

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Become involved by contacting the superintendent's office at 524-6000 ext. 113